

LEARNING MATHEMATICS FROM HOME

A checklist for watching pre-recorded video lessons

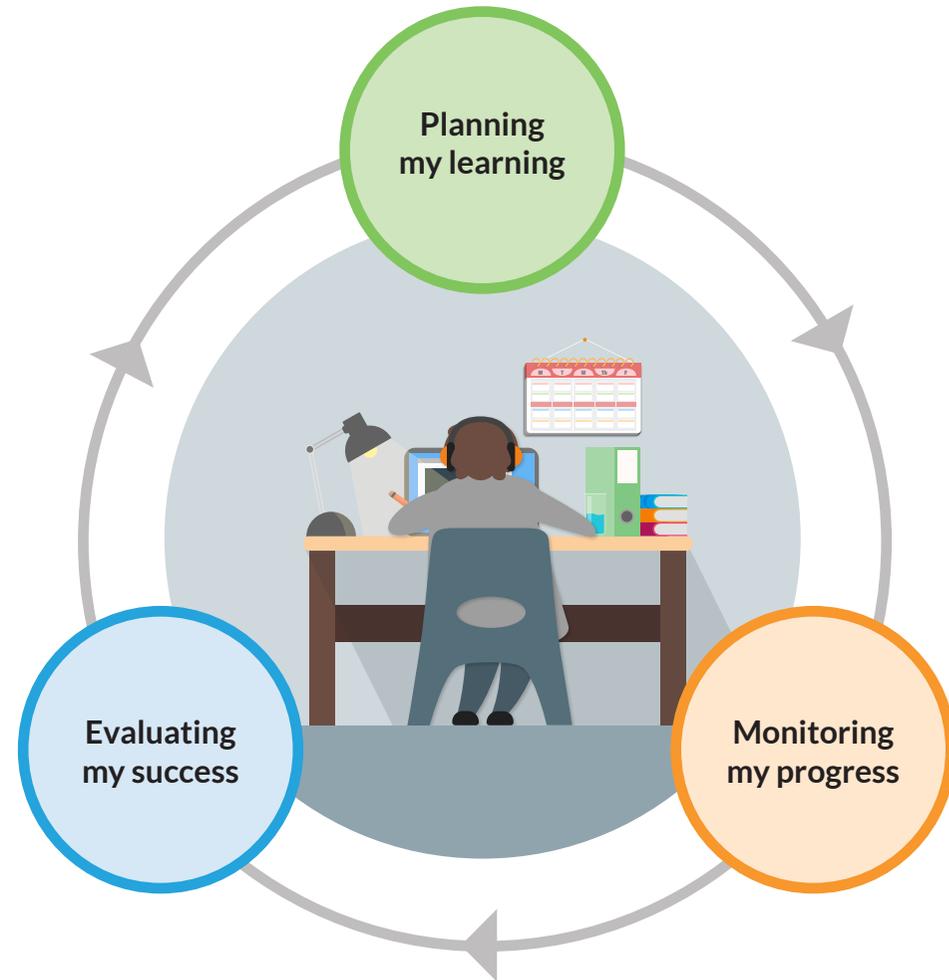
About this tool:

Planning, monitoring and evaluating your learning are important for all subjects. Your teacher usually supports this in the classroom, but it can be challenging to do this effectively when working at home.

Use the checklist on the next page to support you to get the most out of the videos your maths teacher is sharing by making sure you are ready to learn and to know what to do when you get 'stuck'.

Share it with an adult at home and discuss how they can support you too.

The home learning cycle:



The importance of developing motivation and independence features in the EEF's guidance reports on [Improving mathematics in key stages 2 and 3](#), and [Metacognition and self-regulated learning](#).

